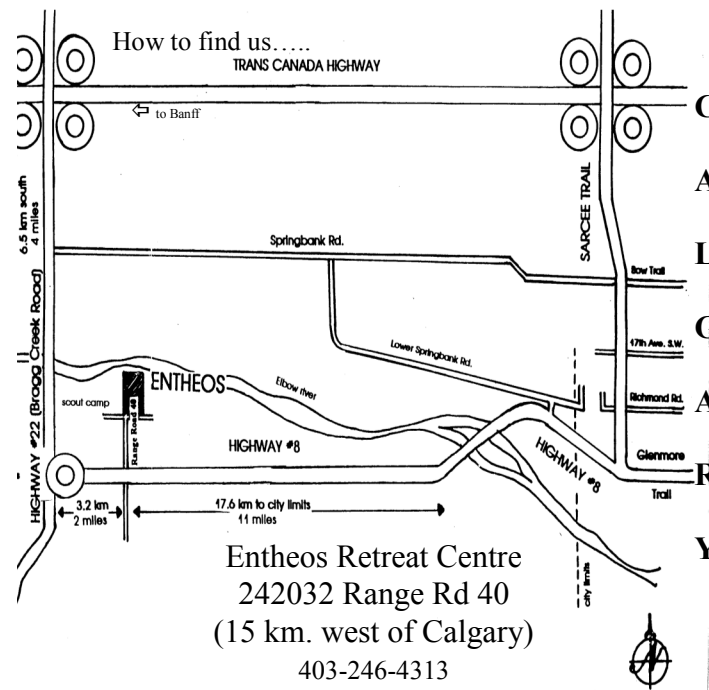


**Christ is in our midst!
He is and ever shall be!**

To our Beloved Sisters in
Christ,

Our 16th annual Orthodox Women's Retreat will be held September 16, 17 and 18th of 2016. We are thankful to once again be able to offer this weekend filled with spiritual nourishment, and to provide an opportunity for the women in our Church community to worship, learn and to share in each other's lives.

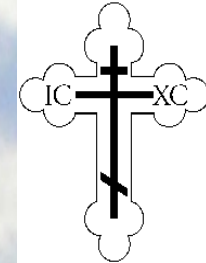
Come and join us!



PLEASE REMEMBER:

1. Confirmation of registration will be given via email.
2. Bring: Bible, prayer books, notebook, pen, walking shoes, layered warm clothing, jacket, toiletries, alarm clock, camera, flashlight and extra blanket/throw.
Standard bedding and towels provided.
3. Icons, books & gifts will be available Friday and Saturday for purchase. (cash or cheque only)
4. In kindness and respect to others, please ensure showers are not before 6:30 a.m. and concluded before 11:00 p.m.

Orthodox Women's Retreat



Spiritual Refreshment & Growth
in the Foothills

SEEING the WORLD AS an ICON

Fr. Michael Gillis

September 16th-18th, 2016
Calgary, Alberta

"SEEING the WORLD as an ICON"

Guest Speaker: Very Rev. Fr. Michael Gillis is pastor of Holy Nativity Antiochian Orthodox Church in Langley, B.C.

He is the author of the Praying In The Rain blog and podcast on Ancient Faith Radio.

He has been married to Kh. Bonnie for 37 years and has three married daughters and ten grandchildren.



SCHEDULE

FRIDAY

4:30 p.m. Retreat Doors Open

5:00 p.m. Registration, Reception

6:00 p.m. Opening Prayers for the retreat

followed by Snack, fellowship, Icon/book tables

7:00 p.m. SESSION 1

11:00 p.m. Quiet Time

SATURDAY

8:00 a.m. Morning Prayers

8:30 a.m. Breakfast

10:00 a.m. SESSION 2

12:00 p.m. Lunch
(fellowship, walk)

2:00 p.m. SESSION 3

3:30 p.m. Silent Hour

5:00 p.m. GROUP PHOTO

5:30 p.m. Dinner

7:00 p.m. Great Vespers

8:00 p.m. SESSION 4 & WRAP-UP
Confession available

Free Time

11:00 p.m. Quiet Time

SUNDAY

9:00 a.m. Divine Liturgy

11:00 a.m. Closing & Brunch

-retreat attendees only

1:00 p.m. Departure



'Be kind to one another, tenderhearted, forgiving one another, just as God in Christ also has forgiven you.'

Ephesians 4:32

REGISTRATION FORM

ONE APPLICANT ONLY PER REGISTRATION FORM
(please print clearly)

Name _____

Address _____

City _____ Postal Code _____

Email _____

Phone _____ Cheque # _____

Parish _____

Suggested Roommate _____

Roommate's Parish _____

Registration fee: \$200.00, double occupancy, includes lodging, meals and sessions (no dinner Friday evening)

DEADLINE SEPTEMBER 1st, 2016

Payment Option: 2 cheques:

\$100 dated August 1st

\$100 dated September 1st

Please make cheques payable to:

Orthodox Women's Retreat

And mail to: Orthodox Women's Retreat

Joan Popowich

Box 7 Site 11 RR1

COCHRANE, AB T4C 1A1

Registration contact:

Joan Popowich: jrpopowichdv@xplornet.com

ph: 403-932-7724

Information Contacts:

Matushka Barbara Eriksson: ph: 403-686-4270

barbara@eriksson-home.net

Ghada Ziadeh: ph: 403-240-2549

ziadehe@telus.net

SPACE IS LIMITED-PLEASE REGISTER EARLY TO ENSURE PLACEMENT

Food allergies/Special dietary needs: _____

If you require a pick-up from bus or plane, please check here _____ and contact Ghada: ziadehe@telus.net or 403-240-2549